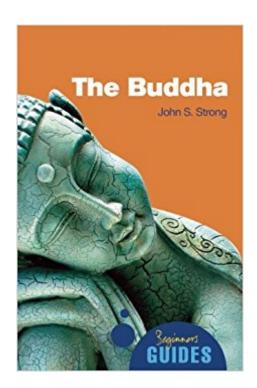


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The Buddha: A Beginner's Guide (Beginner's Guides)





Synopsis

From his many births to his deathbed deeds, this authoritative biography unites the Buddha of history with the Buddha of legend in a bid to reveal the lasting spiritual relevance at the heart of the Buddhist tradition. Acclaimed scholar John Strong examines not only the historical texts, but also the supernatural accounts that surround this great religious figure, uncovering the roots of many Buddhist beliefs and practices. John Strong is Professor and Chair of the Department of Philosophy and Religion at Bates College in Maine, USA.

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"Strong's book is clearly the best available `Guide for Beginners'... But it will be of great interest for veteran Buddhist scholars; and for contemporary Buddhist practitioners as well."

Having thought I knew all there was to know about Buddhism, I was so wrong!!I took a Buddhist class to get my credit and I fell in love with it. What a great book to teach you all you thought you knew, but did not. It goes from the history of Buddhism to what truly happened to all of the Buddhas.

Amazing book.

Such a fantastic read! Really enjoyed learning more, and used this book for a college class.

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Great book, the only thing is if you already don't have some prior knowledge of the Buddha, reading it may be difficult.

Clearly written and easy to understand. Used it for my Buddhism class at school.

Excellent book both for the general reader and the specialist.

somewhat questionable point of view, not at all the best pick for a beginner

this is a great book!

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